# About Therapy Circles Australia



Inclusive. Specialists in Cultural Diversity



Our Therapy teams are mobile. We Assist with Home and Community Visits, Fitness Studio, and Schools



Access To Translators Available



**Approved NDIS Provider** 



Faster Referrals to Additional Therapies



In-House Therapy Assistants Available



**Evidence-based Contemporary Therapy Interventions** 



**Co-ordinated with your NDIS Support Services** 

## Locations

## Western Australia

- O Geraldton
- O Girrawheen
- O Gosnells
- O Joondalup
- O Mandurah (Anzac PI)
- O Mandurah (Mandurah Tce)
- O Midland
- O Osborne Park (Head Office)
- O Rockingham

### Victoria

- O Sunshine
- O Werribee

## Contact & Make a Referral

## Perth North, South and East Metropolitan and Peel Region

- O (08) 6219 7182
- O referrals@therapycircles.org.au

### Geraldton

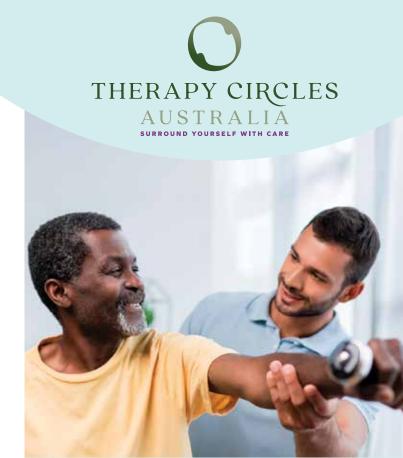
- O (08) 6182 1705
- O midwest-wa-referrals@therapycircles.org.au

#### Melbourne

- O (03) 9969 0303
- O vic-referrals@therapycircles.org.au

### Scan QR Code to make a referral





Advanced Physiotherapy Insights for NDIS Participants





Modern physiotherapy has evolved significantly in its approach to supporting NDIS participants. Our understanding of neurological recovery, combined with technological advances and evidence-based practices, has opened new possibilities for enhancing functional independence and quality of life.

For support coordinators and healthcare professionals making referral decisions, the following insights highlight how contemporary physiotherapy can maximise NDIS participant outcomes.



# Key Considerations for NDIS Support Coordinators and Healthcare Professionals

### 1. Neuroplasticity-Driven Recovery

Our advanced understanding of neuroplasticity has revolutionised treatment approaches for NDIS participants. We implement targeted interventions that capitalise on neural adaptation windows, potentially accelerating functional gains even years post-incident, particularly beneficial for participants with acquired brain injuries or neurological conditions.

## 2. Technology-Enhanced Rehabilitation

We integrate cutting-edge technology specifically chosen for NDIS participants' needs. This includes sensor-based movement analysis and telehealth-enabled programs that can be incorporated into supported independent living environments, enhancing therapy outcomes while providing detailed progress tracking for NDIS reporting.

### 3. Functional Capacity Building

Our specialised assessment protocols measure incremental improvements in functional capacity, providing quantifiable data for NDIS plan reviews. This approach helps demonstrate the value of ongoing physiotherapy support and justifies funding requirements.

## 4. Environmental Modification Expertise

Our physiotherapists provide detailed recommendations for home modifications and assistive technology, helping optimise NDIS funding allocation. This expertise extends to workplace modifications for participants pursuing employment goals.

### 5. Collaborative Care Approach

We work closely with support coordinators and other NDIS providers to ensure therapy aligns with participant goals and NDIS plan objectives. Our detailed reports support evidence-based funding requests and demonstrate progress toward specific NDIS outcomes.

### **Clinical Implications for NDIS Referrers**

- O Early intervention can establish baseline measures crucial for NDIS planning
- O Regular reassessment provides objective data for plan reviews
- O Specialised protocols help identify subtle functional changes that may impact support needs
- O Integration with other NDIS services optimises participant outcomes

#### **Professional Consultation**

Our senior physiotherapists are available for case conferences and professional consultations. We provide:

- O Detailed assessment reports
- O Evidence-based treatment planning
- O Regular progress updates
- O Funding documentation support
- O Inter-professional communication

For complex cases or specific queries about our specialised services, please contact our senior physiotherapy team.